

LEARN TO CONNECT TO THE SPIRIT WORLD

An intensive weekend workshop to develop your mediumship skills!

October 21-23, 2011 • Kripalu Center for Yoga & Health

This intensive workshop is for those wishing to advance their abilities with mediumship. If you already have some basic knowledge of the workings of psychic ability, and you want to learn how to connect with spirit, then this workshop will teach you the essential skills. It will also help the more advanced students who want to develop their mediumship to a higher level.

INTRODUCTION | Friday evening

The weekend will kick-off with a welcome and inspired introduction by John, who will demonstrate some of the skills he'll be teaching throughout the weekend, with a demonstration of mediumship for the whole group and some messages!

PART ONE | Saturday am THE FOUNDATION

During this first session, John will share his philosophy on psychic foundation upon which mediumship is built.

Participants will review:

- **Chakras** The function and roles of the chakras and how they assist in mediumship.
- **Auras** How to raise your vibration, expand your aura which is essential to spirit communication.
- **Your Psychic Strength** Explaining the different types of mediumship and the difference between Clairvoyance, Clairsentience, and Clairaudience.
- **Psychic vs. Mediumship** The difference between *psychic information* versus *true spirit communication*.

There will be a group meditation where John will teach you to **raise your vibrations**, which John refers to as 'The Quickening' process.

It is recommended that as part of your preparation, that you read John's book **PSYCHIC NAVIGATOR**

PART TWO | Saturday pm LINKING WITH SPIRIT

This session will deal with various forms of *linking with spirit* and how to *blend* with their energy. The section will cover:

- The first steps in learning how to communicate.
- Identifying the spirit energy.
- Receiving the evidence.
- Improve the quality of the link.

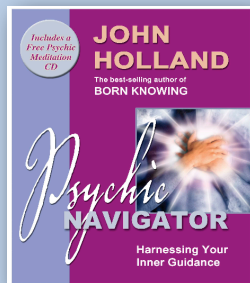
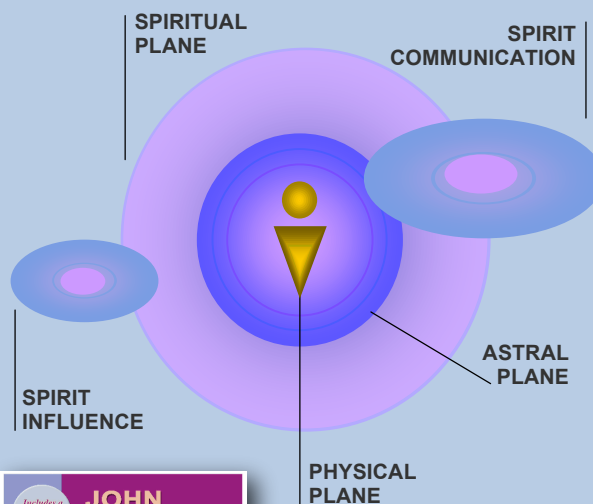
This session will include exercises aimed at clearing your mind to enable a clear link.

PART THREE | Sunday am DOING THE WORK

Participants will have an opportunity to practice their mediumship skills in a safe environment with each other, and John will work with you to help open the communication.

This section will cover:

- Doing readings for yourself as well as others.
- Demonstration skills – how to improve your overall presentation.
- Finding what methods work best for you.
- Ethics and responsibility of mediumship.
- Spiritual growth and your continued development.



In **Psychic Navigator**, John becomes *your* personal psychic navigator to help you harness your inner guidance, and create new paths to find your way back. He explains the *mechanics* of your inner awareness, which can be activated and heightened, using meditation and breath work. This book provides a greater understanding of your chakras & aura.